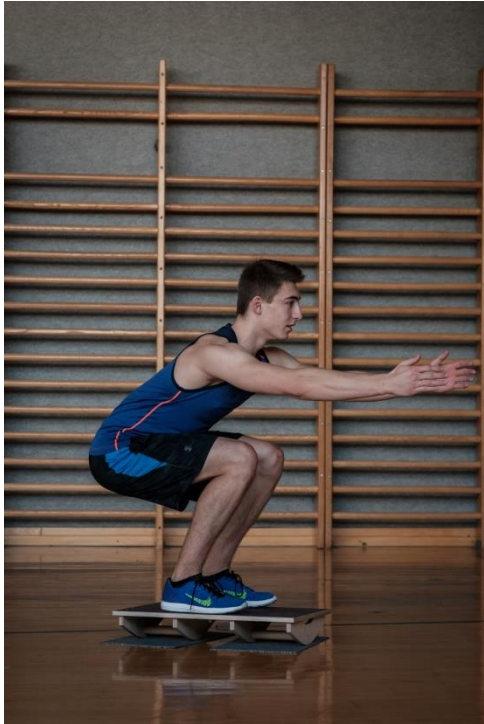


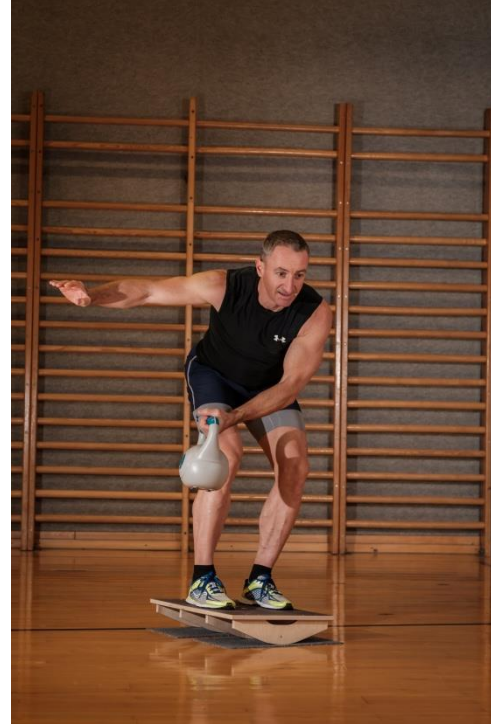
# MY BOX TO GO

DAS KLEINSTE FITNESS CENTER DER WELT

## Beine mit Kettlebell



**Kniebeuge** am Wackelbrett



**Kettlebellswing** li/re in Vorbeuge



**Ausfallschritt** am kleinen Wackelbrett



**Kettlebellswing** aus der Kniebeuge